

# OSHA Syllabus

|                                          |                                            | Actual Video Time<br><u>Minutes</u> | Time to deliver<br>Including Discussions<br><u>Minutes</u> |
|------------------------------------------|--------------------------------------------|-------------------------------------|------------------------------------------------------------|
| <b>Manager and Employee Introduction</b> |                                            |                                     |                                                            |
| 1.                                       | Manager and Supervisor Introduction        | 16                                  | 20                                                         |
| 2.                                       | Maintenance Employees Introduction to OSHA | 11                                  | 15                                                         |
| <b>Facility Safety</b>                   |                                            |                                     |                                                            |
| 3.                                       | Emergency Action Plan                      | 8                                   | 12                                                         |
| 4.                                       | Fire Prevention/Response Plans             | 6                                   | 10                                                         |
| 5.                                       | Signage                                    | 3                                   | 4                                                          |
| 6.                                       | Confined Spaces                            | 4                                   | 5                                                          |
| 7.                                       | Fuel Island                                | 3                                   | 4                                                          |
| 8.                                       | Diesel Exhaust                             | 4                                   | 5                                                          |
| 9.                                       | Electrical Hazards                         | 6                                   | 8                                                          |
| 10.                                      | Spray Painting                             | 8                                   | 12                                                         |
| 11.                                      | Lifts, Pits, Jacks and Stands              | 12                                  | 15                                                         |
| 12.                                      | Rails, Stairs and Ladders                  | 6                                   | 10                                                         |
| 13.                                      | Workplace Security                         | 8                                   | 12                                                         |
|                                          |                                            | 68                                  | 97                                                         |
| <b>Personal Safety</b>                   |                                            |                                     |                                                            |
| 14.                                      | Hazardous Materials                        | 12                                  | 16                                                         |
| 15.                                      | Personal Protective Equipment              | 14                                  | 18                                                         |
| 16.                                      | Emergency Eye Wash                         | 3                                   | 5                                                          |
| 17.                                      | First Aid & Infectious Diseases            | 16                                  | 20                                                         |
| 18.                                      | Slips, Trips and Falls                     | 7                                   | 10                                                         |
| 19.                                      | Fall Protection                            | 12                                  | 15                                                         |
| 20.                                      | Violence in the Workplace                  | 11                                  | 14                                                         |
|                                          |                                            | 75                                  | 98                                                         |
| <b>Equipment Safety</b>                  |                                            |                                     |                                                            |
| 21.                                      | Lockout/Tagout                             | 9                                   | 12                                                         |
| 22.                                      | Machine Guarding                           | 4                                   | 5                                                          |
| 23.                                      | Hand Tools                                 | 5                                   | 6                                                          |
| 24.                                      | Forklift and Powered Platform Safety       | 5                                   | 6                                                          |
| 25.                                      | Welding                                    | 11                                  | 15                                                         |
| 26.                                      | Single Piece and Multi-Piece Rim Wheels    | 11                                  | 15                                                         |
|                                          |                                            | 45                                  | 59                                                         |
| <b>Overall Total =</b>                   |                                            | <b>215</b>                          | <b>289</b>                                                 |
|                                          |                                            | <b>3 Hours 35 minutes</b>           | <b>4 Hours 49 minutes</b>                                  |
| <b>OSHA for Drivers</b>                  |                                            |                                     |                                                            |
|                                          | Lockout/Tagout                             | 13                                  | 16                                                         |
|                                          | Hazardous Materials                        | 14                                  | 18                                                         |
|                                          | First Aid and Infectious Diseases          | 16                                  | 20                                                         |
|                                          |                                            | 43                                  | 54                                                         |